



MENU – WEEK 1

MONDAY

- MAIN Beef Bolognaise with Spaghetti (G)
- VEGETARIAN MAIN Spinach & Pesto Sauce (G,MK) with Spaghetti (G)
- PASTA OR JACKET Baked Jackets with Baked Beans
- TO GO WITH Broccoli & Sweetcorn
- SANDWICHES 1 Chicken Mayonnaise Baguette (G,E,so)
- SANDWICHES 2 Cheese Salad Wrap (G,MK)
- DESSERT Chocolate & Courgette Sponge (G,E)

TUESDAY

- MAIN Chicken & Sweetcorn Meatballs in a Tomato Sauce with Pasta (G)
- VEGETARIAN MAIN Vegetable Pasanda Curry with Steamed Rice
- PASTA OR JACKET Pasta (G) with Tomato & Basil Sauce
- TO GO WITH Steamed Peas & Cauliflower
- SANDWICHES 1 Tuna & Sweetcorn Baguette (G,F,E,so)
- SANDWICHES 2 Cheese & Tomato Bloomer (G,MK)
- DESSERT Vanilla Ice Cream (MK)

WEDNESDAY

- MAIN BBQ Style Hunters Roast Chicken with Roast Potatoes & Gravy
- VEGETARIAN MAIN Mac N' Cheese (G,MK)
- PASTA OR JACKET Baked Jackets with Baked Beans
- TO GO WITH Carrots & Seasonal Greens
- SANDWICHES 1 Ham Sandwich (G,SO)
- SANDWICHES 2 Cheese Sandwich (G,MK)
- DESSERT Banana Flapjack (G)

WEEK 1:

31ST AUG, 21ST SEPT, 12TH OCT, 2ND NOV, 23RD NOV, 14TH DEC

THURSDAY

- MAIN Chilli Beef Taco (MK) with Cajun Sweet Potato Wedges
- VEGETARIAN MAIN Vegetarian Chilli Taco (MK) with Cajun Sweet Potato Wedges
- PASTA OR JACKET Pasta (G) with Squash & Tomato Sauce
- TO GO WITH Roasted Carrots & Sweetcorn
- SANDWICHES 1 Tuna Mayo Sandwich (G,E,F,SO)
- SANDWICHES 2 Cheese Salad Wrap (G,MK)
- DESSERT Iced Lemon Cake with Sprinkles (G,E,SU)

FRIDAY

- MAIN Fish Fingers (G,F), Chips & Ketchup
- VEGETARIAN MAIN Baked Crispy Vegetable Fingers & Garlic Mayo Wrap (G,E) with Chips
- PASTA OR JACKET Baked Jackets with Baked Beans
- TO GO WITH Baked Beans & Peas
- SANDWICHES 1 Ham Sandwich (G,SO)
- SANDWICHES 2 Egg Mayo Baguette (G,E,so)
- DESSERT Maryland Cookie (G,mk)

ALSO AVAILABLE EVERY DAY

- Pabulum Salad Bar
- Wholemeal Bread (G,SO,MK,e)
- Courgette & Tomato Bread (G,SO,MK,e)
- Fresh Fruit
- Yoghurt (MK,SO)
- Jelly

ALLERGEN KEY: CAPITAL LETTERS = CONTAINS, LOWER CASE = MAY CONTAIN
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P) Sesame Seeds (SE),Soya and Soya products (SO), Sulphites (SU)

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SEPTEMBER 2026





MENU – WEEK 2

MONDAY

MAIN	Grilled Cumberland Sausage (G,SU) with Mashed Potatoes & Gravy
VEGETARIAN MAIN	Vegan Sausage with Mashed Potatoes & Gravy
PASTA OR JACKET	Pasta (G) with Tomato & Basil Sauce
TO GO WITH	Steamed Peas & Carrots
SANDWICHES 1	Ham Salad Wrap (G)
SANDWICHES 2	Cheese Sandwich (G,MK)
DESSERT	Marble Sponge (G,E) with Custard (MK)

TUESDAY

MAIN	Chicken Korma (MK,g) with Steamed Rice
VEGETARIAN MAIN	Vegan Chickpea & Spinach Korma with Garlic & Coriander Naan Bread (G)
PASTA OR JACKET	Baked Jackets with Baked Beans or Salmon Mayonnaise (F,E)
TO GO WITH	Spiced Roasted Cauliflower & Broccoli
SANDWICHES 1	Tuna Mayonnaise Wrap (G,E,F)
SANDWICHES 2	Egg Mayonnaise Sandwich (G,SO,E)
DESSERT	Apple & Carrot Flapjack (G)

WEDNESDAY

MAIN	Roast Leg of Pork with Gravy
VEGETARIAN MAIN	Sweet Potato & Leek Frittata (MK,E) with Gravy
PASTA OR JACKET	Pasta (G) with Tomato & Vegetable Sauce
TO GO WITH	Roast Potatoes & Broccoli & Carrots
SANDWICHES 1	Ham Sandwich (G,SO)
SANDWICHES 2	Cheese & Tomato Bloomer (G,MK)
DESSERT	Fruit Jelly

WEEK 2:

7TH SEPT, 28TH SEPT, 19TH OCT, 9TH NOV, 30TH NOV, 21ST DEC

THURSDAY

MAIN	Spiced Tex Mex Chicken & Baked Wedges
VEGETARIAN MAIN	Roasted Vegetable Fajita (G) & Baked Wedges
PASTA OR JACKET	Pasta (G) with Squash & Tomato Sauce
TO GO WITH	Sweetcorn & Roasted Carrots
SANDWICHES 1	Chicken Mayonnaise Baguette (G,E,so)
SANDWICHES 2	Cheese Sandwich (G,MK)
DESSERT	Homemade Strawberry Cheesecake (G,MK)

FRIDAY

MAIN	Fish Fingers (G,F), Chips & Ketchup
VEGETARIAN MAIN	Vegan Quorn Nuggets (G) with Chips & Ketchup
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Baked Beans & Peas
SANDWICHES 1	Ham Salad Baguette (G,so)
SANDWICHES 2	Egg Mayonnaise Sandwich (G,SO,E)
DESSERT	Vanilla Ice Cream (MK)

ALSO AVAILABLE EVERY DAY

Pabulum Salad Bar
Wholemeal Bread (G,SO,MK,e)
Garlic & Herb Bread (G,SO,MK,e)

Fresh Fruit
Yoghurt (MK,SO)
Jelly



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SEPTEMBER 2026





MENU – WEEK 3

MONDAY

- MAIN: Beef & Bean Chilli with Steamed Rice
- VEGETARIAN MAIN: Vegan Bean Chilli with Steamed Rice
- PASTA OR JACKET: Pasta (G) with Tomato & Vegetable Sauce
- TO GO WITH: Sweetcorn & Carrots
- SANDWICHES 1: Chicken Mayonnaise Baguette (G,E,so)
- SANDWICHES 2: Egg Mayonnaise Sandwich (G,SO,E)
- DESSERT: Jam & Coconut Sponge (G,E,SU)

TUESDAY

- MAIN: Homemade BBQ Chicken Pizza (G,SO,MK,e) with Spiced Baked Wedges
- VEGETARIAN MAIN: Homemade Margherita Pizza (G,SO,MK,e) with Spiced Baked Wedges
- PASTA OR JACKET: Baked Jackets with Baked Beans
- TO GO WITH: Sweetcorn & Coleslaw (E)
- SANDWICHES 1: Ham Sandwich (G,SO)
- SANDWICHES 2: Cheese Sandwich (G,MK)
- DESSERT: Carrot Cake (G,E)

WEDNESDAY

- MAIN: Herby Roast Chicken with Gravy
- VEGETARIAN MAIN: Roasted Vegetable & Lentil Loaf (G) with Gravy
- PASTA OR JACKET: Baked Jackets with Baked Beans
- TO GO WITH: Roast Potatoes, Carrots & Seasonal Greens
- SANDWICHES 1: Tuna Mayo Sandwich (G,E,F,SO)
- SANDWICHES 2: Cheese Salad Wrap (G,MK)
- DESSERT: Chocolate & Sweet Potato Brownie (G,E)

WEEK 3:

\$14TH SEPT, 5TH OCT, 26TH OCT, 16TH NOV, 7TH DEC

THURSDAY

- MAIN: Traditional Beef Lasagne (G,MK,e)
- VEGETARIAN MAIN: Vegan Bean Bolognese (g) with Pasta (G)
- PASTA OR JACKET: Wholemeal Pasta (G) with Tomato & Basil Sauce
- TO GO WITH: Steamed Peas & Carrots
- SANDWICHES 1: Ham Salad Wrap (G)
- SANDWICHES 2: Cheese & Tomato Bloomer (G,MK)
- DESSERT: Oaty & Sultana Cookie (G)

FRIDAY

- MAIN: Fish Fingers (G,F), Chips & Ketchup
- VEGETARIAN MAIN: Vegetable Burger (G,se) with Chips & Ketchup
- PASTA OR JACKET: Pasta (G) with Squash & Tomato Sauce
- TO GO WITH: Baked Beans & Peas
- SANDWICHES 1: Tuna Mayo Sandwich (G,E,F,SO)
- SANDWICHES 2: Cheese Sandwich (G,MK)
- DESSERT: Fruit Jelly

ALSO AVAILABLE EVERY DAY

- Pabulum Salad Bar
- Wholemeal Bread (G,SO,MK,e)
- Carrot & Beetroot Bread (G,SO,MK,e)

- Fresh Fruit
- Yoghurt (MK,SO)
- Jelly



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