

# Wincheap Foundation Primary School



## Relationships, Sex and Health Education (RSHE) Policy

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<b>Responsible Committee / Board</b>	<b>Learning and Teaching Committee</b>
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## **Wincheap Foundation Primary School Relationships, Health and Sex Education Policy**

### **Policy Context**

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

This policy meets the requirements that schools publish a Relationships and Sex Education policy and does this within the wider context of Personal, Social and Health Education. It should be read in conjunction with our Safeguarding and Child Protection policy and Online Safety policy.

At Wincheap Foundation Primary School we use a programme called 'Jigsaw' to teach PSHE (Personal, Social and Health Education) and RSHE (Relationships, Sex and Health Education). Information about it can be found here: <https://jigsaweducationgroup.com/programmes/pshe/pshe-3-11/> and a breakdown of the learning content for each year group can be found in the 'Curriculum' section of the school website: <https://www.wincheap.kent.sch.uk/attachments/download.asp?file=125&type=pdf>

The Jigsaw programme offers a comprehensive, carefully thought-through scheme of work which brings consistency and progression to children's learning in these vital curriculum areas. Jigsaw covers all areas of PSHE and RSHE for the primary phase including statutory Relationships and Health Education, with lessons that are age-appropriate and build on previous learning. There are six learning themes which are taught across the school. These themes are:

Term 1- Being Me

Term 2- Celebrating Differences

Term 3- Dreams and Goals

Term 4- Healthy Me

Term 5- Relationships

Term 6- Changing Me

### **Relationships Education**

The previous Government made Relationships Education statutory. Therefore, parents do not have an automatic right to withdraw their children from these lessons. Relationships Education in primary schools covers 'Families and people who care for me', 'Caring friendships', 'Respectful relationships', 'Online relationships', and 'Being safe'. Whilst the Relationships unit in Jigsaw covers most of the statutory Relationships Education, some of the outcomes are also taught elsewhere in Jigsaw, e.g. in the units Being Me, Celebrating Differences, and Dreams and Goals. This holistic approach ensures learning is reinforced through the year and across the curriculum.

### **Sex Education**

In primary schools, Sex Education is non-compulsory. However, despite this the Department for Education recommends that, "all primary schools should have a Sex Education programme tailored to the age and the physical and emotional maturity of the pupils". At Wincheap, we determine Sex Education to mean 'human reproduction' and this is taught within the Science curriculum and as part of the Jigsaw programme.

In the science curriculum, which is compulsory, the lessons that deal indirectly with human reproduction are:

In Year 2- to notice that animals, including humans, have offspring which grow into adults.

In Year 5- to describe the life process of reproduction in some plants and animals.

The human reproduction lessons taught within the Jigsaw programme (and not covered within Science or statutory Health Education) are not compulsory. However, they are taught sensitively and in an age-

appropriate way, and are a logical step within the Jigsaw curriculum for the year group in which they are taught. These lessons are:

Year 3- Inside body changes (how our bodies need to change so they can make babies when we grow).

Year 4- Having a baby (the choice to have a baby, the part of men and women that make babies).

Year 5- Conception (understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of new life).

Year 6 Conception to birth (the story of pregnancy and birth).

Parents are welcome to inspect the teaching materials used for these lessons. We do recognise that a small number of parents may not feel that their child is emotionally ready to learn about these concepts. As they are not part of the compulsory content, parents can request that their child is withdrawn from these lessons.