



# Nurture Class Term 1

## All About Me

### Phonics/ Literacy

Listening games  
Daily reading & daily phonics  
Alphabet games  
Opportunities to access phonics resources throughout the day  
Reading recipes during cooking sessions  
Autumn & winter walks  
Fine motor skills activities  
Write dance & dough disco  
Handwriting patterns

### Maths

**White Rose Maths**  
Weekly cooking: reading recipes and measuring ingredients  
Maths games  
Match, sort & compare  
Measures & patterns  
Numbers to 20 & beyond  
Number formation  
Sharing  
Maths games  
Number bonds to 10 and 20

### pSED

Jigsaw PHSE: Being Me in My World  
Class & school rules  
Daily emotions group  
Naming & describing feelings & emotions  
Self esteem  
Friendships  
Anger  
Empathy  
Mindfulness activities  
Zones of regulation

### Key Dates

Start of term 1: 04/09/24  
Last day of term 1: 25/10/24  
Start of term 2:  
04/11/24  
Last day of term 2: 20/12/24

Art: 09/09, 23/09, 07/10, 21/10,  
11/11, 25/11, 09/12

Forest School: 16/09, 30/09,  
14/10, 04/11, 18/11, 02/12, 16/12

### Physical Development

PE – Me & my body  
Team games  
Stretching & moving  
Daily mile and yoga  
Gardening  
Daily heavy work sensory sessions  
Fine motor skills – threading, weaving, playdoh.

### Understanding the World

**White Rose Science, History, Geography and RE**  
**Science - Exploring Outdoors.** Exploring natural objects, Nature hunts, the weather and seasonal changes; Observations of the world around them using their senses. Night and day.  
Identifying and naming simple body parts.  
**Geography:** Looking at maps & learning about our local area.  
**IT:** Safer internet day, iPads google earth, purple mash.  
**History -Past and Present:** Naming and describing people who are familiar to them. Beginning to make sense of their own life story through at photos.  
Using words related to the passing of time.  
**RE - Which times are special and why?** Beginning to think about their own significant times and those that are special to other people. Christmas and other religious festivals.

### Communication and Language

Turn taking games  
Listening to stories  
Modelling how we talk to each other  
Asking questions during child initiated time  
Sharing our feelings  
Daily talk time  
ELSA sessions

### Expressive Arts and Design

Autumn & winter walks  
Self portraits and seasonal pictures  
Purple mash art  
Cooking  
Play doh  
Construction and junk modelling  
Exploring materials; making plans and problem solving.  
Music  
Singing