

Wincheap School Physical Education Vision

Participation

Promoting participation through love of sport. Creating enjoyable, respectful and positive environments which create further opportunities for more learners to become involved with sport.

Inclusion

Facilitating an environment where all members of the school community feel comfortable with new sports and social development. Encouraging those with behavioural, religious and social barriers to find refuge and confidence in sport.

Consistency

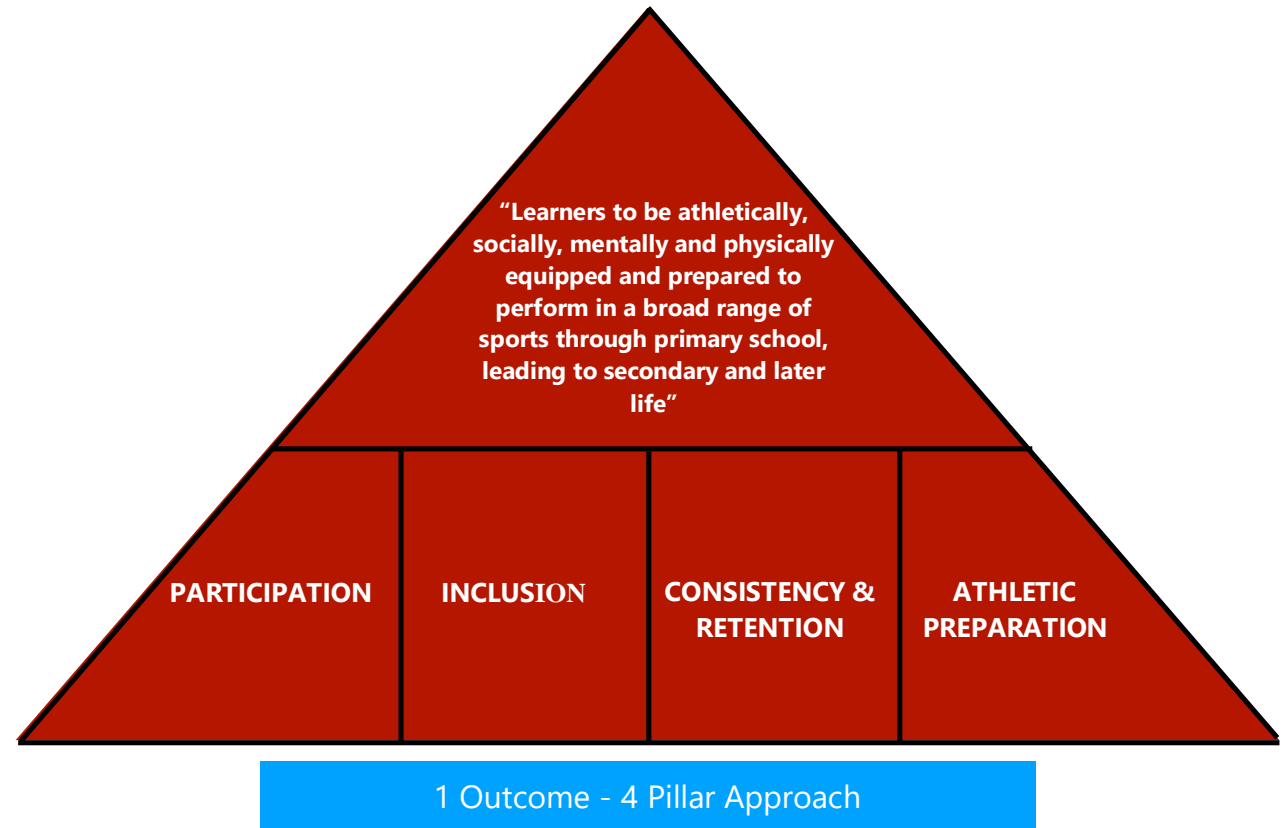
For learners to enjoy PE/Sport where they are excited to return and participate regularly in different sports. To pursue external sporting opportunities across various sports and environments.

Retention

To retain learners over a prolonged period of time and sustain levels of enjoyment and learning. Learners to be inspired to lead on sport of their own and support other learners on their journeys.

Athletic Preparation

Athletic preparation involves providing learners with a toolbox of movement, manipulation, locomotion, balance, ability and creativity skills. These skills are crucial for sport as a whole but for everyday life as young people and working life as an adult.



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What do we want to achieve?

For learners to achieve a consistent and rounded approach to sport; to develop a positive relationship with sport and PE, which should prioritise participation, inclusion, consistency, retention and athletic preparation in all learners across the whole school.

A rise in varied external sporting activities being taken up by learners across the school.

A visible increase in individual sporting ability in PE lessons and school sport programmes.

Research has proven that PE increases academic performance in primary school children. Our school would like to see an pupils' outcomes enhanced across the school curriculum; supported by high-quality physical education for all children, including in the early years and those with SEND.

Our Goals for PE

1. To see a higher percentage of pupils leaving the school with a greater level of physical education
2. Physical education to contribute to the academic progression of learners throughout the school
3. Creation of different sporting environments which allow pupils to develop their understanding of and practise good levels of social inclusion.

What Do Pupils Experience in PE?

Our vision for PE leans towards a holistic and rounded approach to individual pupils' development in physical education where children experience success overcoming social, physical and mental barriers in team environments. Learners will experience a blend of PE and Games teaching to unify their physical education learning along with the experience of playing games. Games are significantly related to the teaching of PE and aid in the performance of each learner through development of their individual knowledge and sports skills.

4 Pillars of PE Curriculum

Movement

Running

Turning

Proprioception

Manipulation

Catch

Throw

Strike

Artistic Exercise

Creativity

Balancing

Coordination

Locomotive Skills

Jumps

Hops

Individual Exercises

4 Pillars of Games Curriculum

Appreciation of Games

Basic Rules

Small Groups

Simple point scoring

Playing Games

Apply PE skills

4v4 + Teams

Conditioned games

Creation of Games

Designing of games

Ownership

Team work

Competing in Games

Playing to compete

Applied Team Work

Common objectives